

Dear Friend,

*We might not know each other. But I still believe in you. I believe that you have beautiful things ahead of you. I believe that your past isn't a representation of who you are becoming. I want to encourage you to keep going. Know that you're not alone.*

*Love,*

*A Friend.*

Please cut here. ——— ✂

*Tape this to your mirror in your bathroom or the microwave. Somewhere you can see it every day.*

*I am* ENOUGH.

Please cut here. ——— ✂

*Put this in your wallet or the visor in your car.*

*I am* ENOUGH.